## Safe Youth, Safe Communities

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- Ala conne d'un queertier en santé

COALITION DES CENTRES DE RESSOURCES ET DE SANTÉ Communautaires d'Ottawa



## **Discussion Topics**

- How to help your child avoid becoming involved in gang-related activities and grow up safe, healthy, and hopeful
- How to access resources in your community that can support you, your children and your neighbourhoods

## What is a Youth Gang?

 "A self-informed group of youths and/or adults interacting with each other who engage in a range of criminal behaviour. It may be loosely or well organized with established rules of conduct."

**Ottawa Police Service** 

## **Top 5 Reasons Youth Join Gangs**

- 1. A sense of belonging
- 2. Protection from violence
- 3. Poverty/access to money
- 4. Lack of school engagement
- 5. Lack of parental supervision

"Now is the Time to Act: Youth Gang Prevention in Ottawa" Michael Chettleburgh 2008

## **Reasons Youth Don't Join Gangs**

- Have positive relationships with parents, siblings, friends and community members (a sense of belonging)
- Have a commitment to school
- Have opportunities to develop interests in sports, recreation, music and the arts
- Have opportunities to build skills, gain a sense of accomplishment
- Have hope, feel a sense of control over their lives

Crime Prevention Ottawa and Ottawa Youth Gang Prevention Initiative Mike Justinich 2008

## Children Aged 6 to 12

- Growing intellectually
- Growing physically
- Growing emotionally
- Growing socially
- Growing spiritually



## **Risk Factors**

- Aggressive, unable to control his or her anger
- Not paying attention, impulsive
- Having difficulties academically in school
- Lacking empathy (doesn't consider or care about other people's feelings)
- Getting into fights regularly
- Having problems making friends or is hanging out with a troubled group of friends

Modified from "What are the Roots of Violence and the Relevance to Gang Intervention?" By Alan Leschied, PhD., C.Psych. October 2008 and The SMU PALS Program

## What is resiliency?

Resiliency is the ability to prevent, lessen, or overcome the damaging effects of difficult circumstances

## **Resilient Children have...**



A Strong Sense of Belonging in their families, schools, and communities

### **Resilient Children feel...**

Safe at home and in their communities



## **Resilient Children have...**



A Sense of Hope

## **Resilient Children enjoy...**

## Going to School



### **Resilient Children have...**



A Caring Adult in their Lives

#### At Home

- Spend quality time with your children
- Listen to your children
- Get to know your child's interests and values
- Explain the reasons behind your rules so that you child learns right from wrong
- Be a good role model for your child
- Encourage caring, considerate, and empathetic behaviour between your children

#### At Home

- Teach your children how to cope with peer pressure
- Help your children develop good conflict resolution skills
- Demand to know child's whereabouts at all times

#### At School

- Get to know your children's teachers before there are any problems
- Get your child involved in school activities like organized sports, the school choir, plays....
- Join the Parent Teacher Association
- Volunteer at the school or on field trips

#### In the Community

- Join the Tenant's Association and/or other community, religious or cultural groups
- Help organize community-building events in your neighbourhood
- Report criminal activity to the police

# Signs that a youth may be involved in gang activity...

- Suddenly performs poorly in school
- Suddenly argumentative with parents and teachers
- Changes circle of friends and desires too much privacy
- Shows signs of tobacco, alcohol or drug use
- Has had negative interactions with police
- Makes impulsive, excessive purchases
- Has large sums of money from an unexplained source
- Engages in vandalism or delinquent behaviour
- Carries a weapon or conceals personal items

**Ottawa Police Service** 

## Curfews

- A person under 16 cannot be in a public place or a place of public entertainment between 12 midnight and 6 am unless accompanied by an adult who is responsible for that child (section 75(5))
- Possibility of Parent being charged with a Provincial Offence (maximum \$1,000 fine) if a youth is found breaching the curfew

Parenting Challenging Teens Ottawa Police Service 2008

## **Parental Responsibility Act**

 Parents can be held liable for property loss, destruction or damage caused by their children (under 18) unless it was not intentional or the parent exercised reasonable supervision of the child and made reasonable efforts to prevent the damage from occurring

> Parenting Challenging Teens Ottawa Police Service 2008

## Reporting to the Police: "Make the Right Call!"

- 9-1-1 Life-threatening Emergency or Crime in Progress
- 613-230-6211 Other Emergencies
- 613-236-1222, ext. 7300 To report a theft, property damage, missing person or stolen vehicle.
- 613-236-1222 Community Police Centres and all other enquiries
- OPS Youth Intervention & Diversion Section: 236-1222 ext.
   5355 or 236-1222 ext. 5342 for the Program Coordinator
- 613 233-TIPS (8477) Crime Stoppers

## **Community Resources**

## We can work together!

Here is information on the agencies and programs in your community that can help you raise resilient children

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Presented by: Chelby Marie Daigle On behalf of The Coalition of Community Health and Resource Centres of Ottawa Funded by Crime Prevention Ottawa